

**Knowledge Section**

**Matching Questions (1 mark each)**

- |                         |   |
|-------------------------|---|
| Linguistic Anthropology | A. The study of primates                                  |
| Primatology             | B. The study of the history and structure of a language   |
| Human Variation         | C. Focuses on individual behaviour                        |
| Sociolinguistics        | D. When other people affect your thoughts and actions     |
| Behaviour Psychology    | E. A disorderly functioning of the mind                   |
| Superego                | F. The study of human differences and why they occur      |
| Cerebral Cortex         | G. Preconceived beliefs about someone or groups of people |
| Mental Illness          | H. Our moral centre, or our conscience                    |
| Stereotyping            | I. How people use language, to express status and control |
| Social Influence        | J. The outer rind of the brain, multiple lobes and areas  |

**Multiple Choice (1 mark each)**

1. What is anthropology?
  - A. Scientific study of humans, and their origins
  - B. Study of how apes developed
  - C. Scientific study of psychodynamics
  - D. The study of human differences
  
2. What are the three branches in anthropology?
  - A. Cultural, primatology, archaeology
  - B. Human variation, physical, ethnology
  - C. Cultural, archaeology, physical
  - D. Paleoanthropology, physical, cultural
  
3. Which is not a negative effect of globalization on culture?
  - A. Sex workers
  - B. Globalization
  - C. Overworking companies
  - D. Low pay rates
  
4. What is stress?
  - A. Our ability to cope
  - B. How we react to other people
  - C. Cognitive psychology
  - D. The rate at what we work

5. What influences your behaviour?

- A. Peers
- B. Society
- C. Religion
- D. All of the above

6. Abraham Maslow create what theory?

- A. Mental health
- B. What affects behavior
- C. Hierarchy of needs
- D. Parent child influences

7. What part of the brain integrates information from our senses?

- A. Hypothalamus
- B. Right side
- C. Left side
- D. Cerebral cortex

8. What are 3 parts of freud's mind theory?

- A. Ego, superego, id
- B. Moral superego, impulsive id, conflict
- C. Identity, ego, morals
- D. Personality, conflicts, control

9. What is not an example of child abuse?

- A. Neglect
- B. Emotional
- C. Sexual
- D. None of the above

10. What is lucy?

- A. A primate
- B. A primate to humans
- C. Monkey
- D. Ape ancestor

**True or False (1 mark each)**

- T or F Sigmund Freud is known for his conception of the human consciousness
- T or F Ethology is the study of origins and cultures of different races of people
- T or F The brain is made of eukaryotic cells, and a cerebral cortex
- T or F Social influence occurs when other people affect your thoughts, and decisions
- T or F Dizygotic twins are born from the same egg
- T or F Introverts are open, and enjoy attention from people
- T or F Culture determines how biological differences are interpreted
- T or F Sociology plays a small role in the success of social media
- T or F While awake our brain is constantly registering everything our senses send to it
- T or F Behaviour psychology focuses on individual behaviour

**Short Answer Questions (2 marks each)**

1. Why is archaeology important to our modern day society?
2. What do archeologist do?
3. What is culture?
4. What are 3 types of interviews that anthropologists conduct?
5. How would you define Canadian culture?

**Fill in the blanks (1 mark each)**

Anthropology is the scientific study of the \_\_\_\_\_ of humans that anthropologists seek to understand and study by observing living \_\_\_\_\_ around the world. There are three important sections of anthropology which all have their own subfields. There is \_\_\_\_\_ anthropology, \_\_\_\_\_ anthropology, and lastly \_\_\_\_\_. Archaeology is the study of \_\_\_\_\_ human life and by recovering past remaining material evidence, archaeologist were able to discover \_\_\_\_\_. Cultural anthropology is a total system of ideas, values, \_\_\_\_\_ and attitudes of any \_\_\_\_\_ commonly shared by the members within the community. Anthropologists conduct their research by talking to groups that they \_\_\_\_\_, therefore relying on \_\_\_\_\_ willing to share their culture and information about their ways. It can be difficult to gather this information as people may not want to openly \_\_\_\_\_ their ways with strangers.

**Word Bank**

- Society	- Cultures	- Physical	- past
- Informants	- Archaeology	- Cultural	- Future
- Behaviours	- Origin	- Share	- Study

## Application / Communication and Thinking Section

### Long Answer Questions

1. Social influence occurs when other people affect your thoughts and actions. There are both direct and indirect influences. *In your opinion do you believe that forces and influences such as family, gender, culture, media affect people's thoughts and actions.? Why? Name indirect and direct influences.*
  2. Depending on where we are, our environment can change our behaviour. *Explain how different environments can change the way we behave.* (For example, the way we act watching a movie at home vs. at a movie theater)
  3. Children are supposed to be raised in a nurturing environment that will overall help their development. In some cases children have been exposed to un-nurturing environments that can impair their development. *State the three types of abnormal socialization and explain what the effects of each one are.*
- 

### Answers

→ Some answers are highlighted in red to indicate the right answer, other answers will be stated below.

### Fill in the blanks ANSWERS (1 mark each)

Anthropology is the scientific study of the origin of humans that anthropologists seek to understand and study by observing living cultures around the world. There are three important sections of anthropology which all have their own subfields. There is cultural anthropology, physical anthropology, and lasty Archaeology . Archaeology is the study of past human life and by recovering past remaining material evidence, archaeologist were able to discover\_\_\_\_\_ . Cultural anthropology is a total system of ideas, values, behaviours and attitudes of any society commonly shared by the members within the community. Anthropologist conduct their research by talking to groups that they study, therefore relying on Informants willing to share their culture and information about their ways. It can be difficult to gather this information as people may not want to openly Share their ways with strangers.

### Word Bank

- Society	- Cultures	- Physical	- past
- Informants	- Archaeology	- Cultural	- Future
- Behaviours	- Origin	- Share	- Study

### Short Answer ANSWERS (2 marks each)

- 1. Why is archaeology important to our modern day society?**
  - The study of human evolution, human biology, primates, and past human remains.
  - It is important as we can study remains from millions of years ago, to determine past events, and in some cases the causes.
  
- 2. What do archeologist do?**
  - They study ancient and recent history through material remains.
  - Identify ancient and modern human remains, death, gender, and features.
  
- 3. What is culture?**
  - The total system of beliefs, ideas, values, behaviours and attitudes of a society shared within it members.
  - It can include food, language, clothing, music, traditions, and customs.
  
- 4. What are 3 types of interviews that anthropologists conduct?**
  - Structured, semi structured and unstructured.
  
- 5. How would you define Canadian culture?**
  - Canadian culture is polite, open minded, safe, and accepting of new cultures for better or for worse.
  - Traditions include hockey, handshaking, festivals.

### Matching ANSWERS (1 mark each)

Linguistic Anthropology	A. The study of primates
Primatology	B. The study of the history and structure of a language
Human Variation	C. Focuses on individual behaviour
Sociolinguistics	D. When other people affect your thoughts and actions
Behaviour Psychology	E. A disorderly functioning of the mind
Superego	F. The study of human differences and why they occur
Cerebral Cortex	G. Preconceived beliefs about someone or groups of people
Mental Illness	H. Our moral centre, or our conscience
Stereotyping	I. How people use language, to express status and control
Social Influence	J. The outer rind of the brain, multiple lobes and areas

Multiple choice      YOUR      YOUR

1) How ~~How~~ ~~the~~ family affect social behaviour

answer → • ) acceptable behaviours/values. • ) How people treat you.  
• ) who's attracted to you? • ) something

2) what is anthropology?      answer ↓  
• ) the study of the brain • ) The study of origins  
• ) the study of people • ) the study of earth

3) what is psychology?  
• ) the study of people • ) the study of technology  
answer → • ) the study of the brain • ) the study of earth

4) what is sociology?  
answer → • ) the study of people • ) the study of technology  
• ) the study of the brain • ) the study of earth

5) what theory did Karl Marx do?  
• ) monkey theory • ) evolution theory  
• ) mother/douglter study • ) came up with communism  
answer ↑

6) what is not child abuse?  
• ) physical • ) neglect  
• ) emotional • ) verbal  
answer ↑

7) what is NOT a theory?  
• ) monkey theory • ) social darwinism  
• ) evolution theory • ) the theory

8) What Types of Economic Societies Do we live in.  
• ) Industrial Societies • ) Agricultural Societies  
• ) Post industrial Societies • ) Foraging Societies.

Knowledge Section

Pratt, Emma, Kaylee  
Shadi

multiple choice (5 marks)

T or F (5 marks)

1. Linguistic Anthropology is;  
a) the study of behavior  
\* b) the study of human languages  
c) the study of cultures  
d) the study of sounds and how they create meaning
  
2. Abnormal psychology means that you have a mental illness. (F)
  
3. Psychologic influences;  
a) ~~people~~ peers  
b) rules  
c) ethic origin  
\* d) all of the above
  
4. Introversion is  
a) being shy  
b) being energized with people  
\* c) energized by being alone  
d) none of the above
  
5. T or F - monozygotic twins are identical (T)
  
6. Patrilineal  
a) a kinship system in which people trace through their mothers  
\* b) a kinship system in which people trace ancestors through fathers  
c) through mom - dad.

7. True or False - cultural identity is strictly determined by your place of origin  
(F)

8. accultural societies

a) are groups that move around collecting meat or berries

b) are societies where people are paid for their work establishing their rank in society

c) practise agriculture without cultivating or irrigating soil

\* d) societies based on the cultivation, irrigation & harvest of crops

9. True or False - ethnology is the study of the life and culture of societies  
(T)

10. True or False - the average IQ is 120  
(F)



## Short Answer

1. List 1 mental illness, and 3 symptoms.

5. define perceptual constancy.

2. what are the ~~3~~ differences between gender and sex?

- sex is genetically determined
- gender is the way they <sup>are</sup> viewed as male or female.

3. list 2 cultural norms.

74. explain the difference between your mind and your brain. - this was on our last test!?! ○

## Application/communication + Thinking

1. Do you think the birth order attributes are accurate for your family? Which birth order do you fall in? Explain.

? 2. What makes us human? ~~Explain~~ How would a physical anthropologist answer this? Explain.

↳ this is the same question from your last test !?! !?!

matching

(A)

- |                                   |   |
|-----------------------------------|---|
| 1. bilateral                      | 3. a relationship where an individual has 1 partner                                       |
| 2. lineage                        | 6. PTSD   |
| 3. monogamy                       | <small>anxiety toward an object</small>   |
| 4. polygamy                       | 7. an extreme fear of something   |
| 5. OCD                            | 1. a kinship system in which people search their ancestors through their mother + father  |
| 6. Post-traumatic stress disorder | 5. obsessive-compulsive disorder  |
| 7. phobia                         | 4. a form of marriage involving multiple partners.  |
| 8. hercility                      | 3. all the male relatives in a family that can be traced back to 1 common direct ancestor |
| 9. introversion                   | 9. directing one's interest inward's  |
| 10. extraversion                  | 10. directing one's interest outward's.   |
|                                   | 8. physical characteristics that are passed down genetically by your relatives.           |

# Group Assignment: "Anthro 3 Me" and "Psych and me" Unit test

Erica McCurdy

Katelyn Reid

## Knowledge Sections

### Matching:

- (S) C 1. A ceremony, ritual or event that marks an individual's passage from 1 stage of life to another.
- (Z) B 2. the adoption by one culture of a technology invented by another culture
- D 3. structure of language determines how we think
- E 4. study of usual patterns of behavioural, emotion, thought
- G 5. Disorderly functioning of the mind
- F 6. Born from 2 eggs
- H 7. Anti-social behaviour; lacks remorse; can be dangerous
- M 8. Integration into society in the new role
- I 9. Born from same egg
- N 10. Relationship where an individual has only one partner; most Canadians

### Word Bank

- |   |                      |                      |
|---|----------------------|----------------------|
| A 1. Linguistic Relativism                        | E. Normal Psychology | I. Monozygotic twins |
| B 2. Technological diffusion                      | F. Dizygotic twins   | J. Psychopath        |
| C 3. Rites of passage                             | G. Mental illness    | K. Segregation       |
| D 4. <del>Linguistic</del> Linguistic Determinism | H. Sociopath         | L. Transition        |
| M. Reintegration                                  | N. Monogamy          | O. Polygamy          |

### Multiple Choice

1. What marriage is between one wife and multiple husbands?
- A) Polygamy
  - B) Polyandry
  - C) Bridewealth
  - D) Dowry
2. What society practices agriculture without cultivating or irrigating the soil?
- A) Industrial society
  - B) Foraging society
  - C) Horticulture society
  - D) Agricultural society

3. Which type of ancestry traces only the mothers line?

- A) Matrilineal
- B) Bilineal
- C) Patrilineal
- D) Arranged.

4. Which is NOT an effective way of coping with stress?

- A) remove the stressor
- B) plan ahead
- C) exercise
- D) procrastinating

5. Comes from outside of you such as promise of reward or threat of a punishment

- A) Extrinsic Motivation
- B) Instinct
- C) Intrinsic Motivation
- D) Behaviour

6. Theory that people are motivated to reduce discomfort they feel when behaviour doesn't <sup>match their self</sup>

- A) Explicit
- B) Cognitive
- C) Instinct
- D) Implicit

7. People who speak different languages will see the world differently.

- A) Hopi Language
- B) Linguistic Relativism
- C) Linguistic Determinism
- D) Physical Environment and behavior.

8. Find it dangerous to be around people, not like talking to them because they have specific objects to do

8. Think before acting and they develop their ideas privately

- A) Heredity
- B) Extroversion
- C) Introversion
- D) Environment.

9) Which factor does not <sup>influence</sup> ~~reflect~~ someone's IQ score?

- A) quality of home life
- B) reading lots as a child.
- C) Family size
- D) availability of education

10) Which statement is true?

- A) shy people are comfortable around others.
- B) Shyness is the same as introversion.
- C) if encouraged to be outgoing, shyness decreases.
- D) <sup>shyness</sup> begins during teen years / late childhood.

Fill in the blank questions (10 marks/2 ea.)

1) Psychologists believe that even though we share the DNA of our parents our ~~genes~~ personalities and behaviour are not completely dependent on genetics.

2) Setting high standards for yourself is healthy and does not mean you are a perfectionist. Perfectionists set goals or standards that are unreachable.

3) A person's sex is genetically determined. A person's gender is ~~biological~~ and influenced by social factors.

4) Intrinsic motivation comes from within you, and is a want to do better for personal reasons inside you. Extrinsic motivation comes from outside of you, such as a promise of a reward.

5) Attitudes based on conscious thoughts and beliefs are called explicit attitudes. Attitudes that are based on unconscious thoughts are implicit attitudes.

Fill in the blank - word bank

explicit	behaviour	standards	sex
DNA	implicit	intrinsic	perfectionist
general	goals	gender	extrinsic
Instinct	theory	influenced	functioning

True/False

- T/F 1. About 85% of the population is considered to be introverted
- T/F 2. Twins raised apart are often found to have similar personalities and interests even if they have never met.
- T/F 3. Adolescence wasn't recognized as a stage until the beginning of 20<sup>th</sup> century
- T/F 4. Culture allows people to adapt to their physical environment faster than evolution does.
- T/F 5. Your behaviour is only influenced by around 2 things
- T/F 6. In Cognitive Explanation, reward and punishment play a huge role in motivation
- T/F 7. Cognitive Dissonance is the theory that people aren't motivated to reduce their discomfort.
- T/F 8. According to Alfred Alder, humans strive for self-actualization, Maslow similarly says that humans strive for perfection
- T/F 9. We understand that our own behaviour changes depending on specific situations
- T/F 10. Acknowledging the problem but not sure of what to do about it is an example of contemplation.

Katelyn &  
Erica

May 12/16.

### Short Answer Questions

① List 3 stages of a rite of passage. (3 marks)

- Segregation
- Transition
- Reintegration

② What is Patrilineal descent? What is bilineal descent? (6)

Patrilineal is ancestry traced only on the father's line. Bilineal is both parents' lines.

③ What is the difference between normal and abnormal psychology? (2)

normal = study of usual patterns of behaviour, emotions, thoughts  
abnormal = study of unusual patterns

④ List 3 traits that sociopaths portray. (3)

- antisocial
- lack empathy
- aggressive

### Long Answer Questions

① Explain the difference between female identity and male identity. In your opinion, are these identities unfair or stereotypical? Why or why not?

② How can you know if an individual is exhibiting normal or abnormal behaviours, thoughts and emotions? Define both normal and abnormal psychology in your answer.

③ How are facial expressions important in the modern day society? What are some career fields that use facial expression specialists?

Robyn, Sherry, Raven. Unit Test Questions

Matching: Matrilineal - Kinship following ancestry through the mother

Polyandry - one wife + multiple husbands.

Cyborg - mixture of human + machine

Rite of Passage - a ceremony, ritual or event that marks an individual's passage from one stage of life to another

Gender - defined by culture, not biologically.

Intersexed - both male + female sexual characteristics + organs.

Technological Diffusion - is the adoption of a new technology from one culture by another culture

Agricultural societies - societies based on the cultivation, irrigation + harvest.

Stress - physical + psychological response to circumstances in the environment that tests our ability to cope

Mental Illness - disorderly functioning of the mind.



## Multiple Choice

- In girl interrupted what disorder did Georgina have?
  - OCD
  - Pathological Liar
  - ~~schizophrenia~~ Bipolar
  - Antisocial Personality Disorder (sociopath).
- Munchausen by Proxy is:
  - when you see things (delusions)
  - when you steal things
  - when you get anxious over everything
  - when you pretend your children are ~~sick~~ sick for attention
- What of the following is characteristic of a first-born child?
  - Perfectionist
  - Charming
  - secretive
  - affectionate
  - ~~self-motivated~~
- Which order do the Rites of Passage stages belong in?
  - Transition, segregation, reintegration
  - reintegration, segregation, transition.
  - segregation, reintegration, transition
  - segregation, transition, reintegration
- Which is not a rite of passage in Canadian Society?
  - driver's license
  - first job
  - Hasidic Circumcision!
  - 16 birthday
- A cultural system where women or property of a wife or wife's family gives to her husband when the wife and husband marry is a:
  - Dowry
  - Bride wealth
  - Monogamy
  - Arranged marriage

# Multiple Choice Cont.

## Aboriginal

7. In South Asian, African, Indonesian cultures, they recognize alternative gender identities. What do they call it?

- intersexed
- two spirited
- homosexual
- transgender

8. Pink Shirt Day is recognition of what cause?

## Bullying & Discrimination

Breast Cancer

Gay Pride

Mother's Day

9. Which of the following is an indication of a mentally healthy person?

- cry every night
- judge their own reactions/capabilities realistically
- exercising 30 min/day
- violent outbursts

10. In what century were people put into asylums and were not treated, if they had a mental illness

- 22 century
- 18
- 14
- 19

## Group Assignment

### Fill in the Blanks :

1. \_\_\_\_\_ is having a sexual attraction to people of the same sex
2. Breadwinners, hunters + physical labour are characteristics of the \_\_\_\_\_.
3. Traditional ~~from~~ Indian families usually have \_\_\_\_\_, which is set up by other people.
4. Unusual patterns of behaviour or emotions is a sign of \_\_\_\_\_.
5. The \_\_\_\_\_ is the optimum stress area
6. Paying the wife's family is called \_\_\_\_\_
- 7,8,9. \_\_\_\_\_, \_\_\_\_\_ + \_\_\_\_\_ are the reasons behind ~~our motivation~~ why we do what we do, our motivation.
10. \_\_\_\_\_ motivation comes from within

### Word Box

1. homosexual
2. male identity
3. arrange marriage
4. abnormal psychology
5. Eustress
6. bridewealth
7. biological
8. cognitive
9. achievement
10. intrinsic

## Short Answers:

1. List 3 different ways to cope with stress. (3)

~~1. plan head~~

~~2. talk to someone~~

2. Describe the differences between sex and gender. (2)

3. What are 3 characteristics of a Sociopath? (3)

## Application & Thinking:

T Do you feel that your attitude changes when you are asked about something verbally vs. when you actually see it in real life? Why ~~do you~~ or why not do you think this happens?

A In coping with stress, ~~use the General~~ explain ~~Adaptation Syndrome~~ the 3 phases of the General Adaptation Syndrome using a scenario you could face in school.

T Do you think Canadian culture enforces gender roles from a young age? Why or why not do you think this?

## True/False Questions

- ~~1. A good way to cope with stress is smoking.~~
1. A <sup>(healthy)</sup> good way to cope with stress is smoking.   
 False
2. ~~The euphemism 'powder your nose' means 'fix your makeup'.~~   
 The euphemism 'powder your nose' means 'fix your makeup'.   
 False
3. Monogamy means a relationship between more than two people.   
 False
4. A dowry is money or property given to a husband by his wife's family when they marry.   
 True
5. Transgender means having a gender identity different than your biological sex.   
 True
6. A person's gender is genetically determined. False
7. 80% of the population is considered introverted. False
8. Agricultural Societies are societies based on the cultivation, irrigation and harvest of crops. True
9. Linguistic Determinism is the structure of language that determines how we think. True
10. In certain situations, stress is reductive. True

## "Anthro and Me" and "Psych and Me" Unit Test

### Matching

- ① culture determines how biological differences are interpreted
- ② normal psychology study of usual patterns of behaviour, emotion, and thought
- ③ eustress stress that is healthy or good
- ⑩ your attitude positive/negative <sup>forgiving / hold a grudge</sup>
- ~~normal psychology - usual patterns of behaviour/emotion~~
- ④ abnormal psychology - unusual patterns of behaviour (mental disorder)

⑤ Sociopath in girl interrupted - Lisa

⑥ monozygotic twins - born from the same egg

⑦ Dizygotic twins - born from different egg

⑧ linguistic determinism - the structure of language determines how we think

⑨ Cyborg - Mix of human & machine

### Multiple Choice

- What is Susanna diagnosed with in girl interrupted
- a pathological liar
  - b eating disorder
  - ③ borderline personality disorder
  - d sociopath

What marriage is between a ~~wife~~<sup>husband</sup> and multiple wives?

- a) polygamy
- b) polygamy
- c) polyandry
- d) anagamy

Males are viewed as...?

- a) Breed winners
- b) Weak
- c) Strong
- d) Both A & c

Which Mental illness ~~is~~<sup>is NOT</sup> classified as an Anxiety disorder?

- a) Generalized Anxiety Disorder
- b) Phobias
- c) Post Traumatic Stress Disorder
- d) Schizophrenia

5) What kind of economic society do we live in?

- a) industrial (post)
- b) agricultural
- c) boarder culture
- d) horticulture

6) Can attitude affect behaviour?

- a) yes
- b) no
- c) Sometimes
- d) always

1) what is stereotyping?

- a) preconceived beliefs of a group
- b) mean comments
- c) personal behavior
- d) stereotypes being typed

2) difference between sets

- a)  $X \cap Y$  and  $Y$  vs  $X \cup Y$
- b)  $X$  and  $X$  vs  $X \cap Y$
- c)  $Y$  and  $Y$  vs  $X \cap Y$
- d)  $Z$  and  $Y$  vs  $Z \cap Y$

3) how much % of people are introverts?

- a) 30
- b) 20%
- c) 50
- d) 75

4) how much % of people are extroverts?

- a) 80
- b) 90
- c) 60
- d) 75



True or false

~~Jessyann~~

True (1) Stress is a physical and psychological response to circumstances in the environment that tests our ability to cope.

True (2) There is such a thing as good stress.

False (3) Stress only affects teens.

False (4) ~~Georgina~~ Georgina had borderline personality disorder.

True (5) Having a mental disorder is a chemical imbalance in your brain.

False (6) 50% of the world are introverts.

False (7) Introverts are shy.

True (8) Your birth order plays a role in your personality.

True (9) Your attitude towards something can be influenced by media, people and personal beliefs.

True (10) DNA makes you a boy or girl.

## Fill in Blanks

① Monozygus ~~to~~ are \_\_\_\_\_ twins  
(identical)

②, ③, ④ Stress is a \_\_\_\_\_ and  
(physical)

\_\_\_\_\_ (psychological) response to circumstances in the  
\_\_\_\_\_ (environment)

⑤ English language is highly \_\_\_\_\_ with  
time and when things ~~is~~ (concerned) happen.

⑥ A way to cope with stress is to  
\_\_\_\_\_ or \_\_\_\_\_ the stressor.  
(remove) (alter)

~~⑦~~

⑧, ⑨, ⑩ The 3 Stages of "Right of Passage"  
are \_\_\_\_\_ (segregation) (Transition) (Reintegration)

~~⑪~~

## Short Answer

Is setting high standards for yourself healthy? Explain. (2)

Yes because it helps you reach goals and you see your mistakes as room to grow.

Are attitudes influenced by are parents/friends, social media, movies, stereotypes, and personal opinions/beliefs? Explain. (3)

- Because they either portray things in a negative or positive way which then influences how we view and react to a certain thing based on the influences stated above.

What is the difference between ~~two~~ monozygotic and dizygotic twins? (2)

Monozygotic twins are identical and are born from same egg. Dizygotic twins are fraternal and are born from two eggs.

Does your birth place affect your personality? Provide two examples. (3)

- The youngest siblings tend to be risk takers and attention seekers because they feel left out of the spotlight
- Oldest siblings tend to be responsible and be the leader over the others.

# Anthro + Me / Psych + Me

Nicole +  
Alicia

Multiple Choice - 10 marks.

1. Industrial Societies are...
  - \* a) Based on wage labour - where people are paid for their work
  - b) Based on the cultivation, irrigation and harvest crops
  - c) Characterized by the concept of globalization
  - d) groups that make around collecting hunted meat, berries, vegetables
2. Ways to cope with stress are:
  - a) vigorous exercise
  - b) talk to someone
  - c) manage time efficiently
  - \* d) all of the above
3. What is Eustress?
  - a) The body's resistance to stress
  - b) Bad stress → leads to confusion, irritable and exhaustion
  - \* c) Good stress that can become optimum for performance.
  - d) The tipping point or on the edge of depression.
4. What's the definition of borderline personality disorder
  - \* a) Is a mental illness that centers on the ability to manage <sup>emotions</sup> <sub>effectively</sub>
  - b) a brain disorder in which people interpret reality abnormally
  - c) mental illness that brings severe low and high moods
  - d) none of the above
5. Attributes of a first born child is:
  - a) compromising, diplomatic, avoid conflict
  - b) attention seeking, manipulative, charming
  - c) thorough, self-motivated
  - \* d) responsible, reliable and well-organized

6. What are the Rites of Passage stages in order?

- a) 1. Reintegration 2. Transition 3. Segregation
- \* b) 1. Segregation 2. Transition 3. Reintegration
- c) 1. Transition 2. Reintegration 3. Segregation
- d) 1. Reintegration 2. Segregation 3. Transition

7. In the middle ages the following were used when evil spirits were in body:

- a) exorcism
- b) praying
- c) fasting
- \* d) all of the above

8. Cognitive Explanations include:

- a) Intrinsic motivation
- b) Instruct
- c) Extrinsic motivation
- \* d) a + c

9. What is the first step in the Transtheoretic Model of Change?

- a) Action
- b) Preparation
- \* c) Precontemplation
- d) Contemplation

10. The Effect of Globalization on culture can have:

- \* a) Negative and positive effects
- b) Positive effects
- c) Negative effects
- d) No effects

True & False. → 10 marks.

1. Intersexed is having a gender identity different than their biological sex. ~~T~~ (F)
2. Technological diffusion is the adoption by one culture of technology invented by another culture. (T) F
3. In Niger, girls are classified as upper class if you are fat (T) F.
4. Anorexia is a disorder where one eats and then throws it up T (F)
5. Exhaustion is the last ability on the stress response chart. T (F)
6. About 20% of the population is considered to be introverted (T) F
7. Average IQ is 115 T (F)
8. Explicit attitudes are unconscious and are often expressed automatically and unthinkingly T (F)
9. Stereotyping are preconceived beliefs about someone or a group of people (T) F
10. Based on the Marshmallow Experiment... Is it true that attitudes can be changed? (T) F.

Fill in the blank. - 10 marks.

- ① Foraging Societies are groups that move around, also known as nomadic.
- ② People do inherit some of their biological parents intelligence.
- ③ We are a society that values extroverts who expect people to be as outgoing as they are.
- ④ One of the major causes of stress is making choices between conflicting things.
- ⑤ Mentally healthy people observe and understand what is going on around them.
- ⑥ Mental Illness is a disorderly functioning of the mind.
- ⑦ Linguistic Relativism are people who speak different languages will see the world differently.
- ⑧ Shyness is not the same as introversion.
- ⑨ Last born are manipulative and charming.
- ⑩ <sup>In the</sup> Middle Ages evil spirits in the body, an exorcism was performed to cast out the spirits.

Word Bank - with extra words

Rites of Passage	introversion	conflicting
Last born	Mental Health	stress
exorcism	Linguistic Relativism	Eustress
Mental Illness	nomadic	extroverts
understand	optimum	inherit.
		human behaviour.

Matching:

- |   |                                      |
|---|--------------------------------------|
| d) 1. One's biological characteristics  | a. technological <sup>diffuser</sup> |
| c) 2. Defined by culture  | b. Eustress                          |
| a) 3. Is the adaptation by ones culture of a technology <del>not</del> invented by another culture.             | c. Gender                            |
| i) 4. A physical and psychological response to circumstances in the environment that tests our ability to cope. | d. Sex                               |
| f) 5. a disorderly functioning of the mind.   | e. rite of passage                   |
| e) 6. a ceremony, ritual or event that marks an individual's passage from one stage of life to another          | f. mental illness                    |
| g) 7. fraternal twins, born from two different eggs.  | g. dizygotic twins                   |
| b) 8. Good stress, used to better performance but can easily tip into too much stress                           | h. Introversion                      |
| h) 9. Find it draining to be around people, may not like talking on the phone.                                  | i. stress                            |
| j) 10. identical, born from same egg.   | j. monozygotic twins                 |

Answers

Short Answer:

Name 3 rites of passage (3) Marks

- birthdays
- drivers license
- becoming parents
- wedding/anniversaries

Name 4 ways to cope with stress. (4) marks.

- remove or alter the stressor
- change reaction
- manage time efficiently
- talk to someone.





(3) marks

Name 3 characters from the movie 'Girl Interrupted'.

• Susanna

• Lisa

• Daisy

# Long Answers

- ① What do you think influences the way you behave and how has it benefited you?
- ② Nature vs Nurture. ~~Do~~ Do you believe that nature or nurture has affected your lifestyle more?
- ③ Explain the difference between sex + gender  
Explain the difference between transgender + intersexed.

Carlin  
Makyla

### Anthro and Me and Psych and Me Unit Test Assignment

#### Matching

- |                              |   |
|------------------------------|---|
| 1. Rite of Passage           | <u>4</u> the study of unusual patterns of behaviour, emotion and thought may or may not be a mental disorder  |
| 2. Normal psychology         | <u>5</u> a culture system where the groom must pay a father in order to marry his daughter                    |
| 3. Lisa                      | <u>2</u> the study of usual patterns of behaviour, emotion and thought  |
| 4. Abnormal psychology       | <u>10</u> a person with both male and female sexual characteristics and organs                                |
| 5. Bridewealth               | <u>6</u> societies based on labour, where people are paid for work, and they buy available goods and services |
| 6. Post Industrial Societies | <u>7</u> type of anxiety disorder   |
| 7. OCD                       | <u>3</u> was a sociopath in the movie <i>Girl Interrupted</i>   |
| 8. Linguistic Determinism    | <u>9</u> type of eating disorder  |
| 9. Bulimia                   | <u>8</u> the structure of language determines how we think  |
| 10. Intersexed               | <u>1</u> a ceremony, ritual or event that marks an individual's passage from one stage to another             |

#### Fill in the Blank

Segregation	Related	Transition	Reintegration	Transgendered
Respect	Respect	Gender	Sex	Homosexual

- Kinship systems determine whom you are related to, to whom you show respect and who owes respect to you.
- segregation is being removed from your original status (geographic/physical).
- homosexual is having a sexual attraction to someone with the same sex.
- Transition is where you become a new self.
- Sex is one's biological characteristics, while gender is defined by one's culture.
- Reintegration is integration into society in the new role.
- Having a sexual attraction to people of the same sex mean you are Homosexual.

#### Multiple Choice

- Which of the following is a 'Rite of Passage'?
  - Entering the mall to go shopping
  - Getting your first job
  - Being a part of a community group
  - Moving a desk
- Monogamy is...

- a) A kinship system in which people trace their ancestry through their mothers
  - b) A form of marriage that involves multiple partners
  - c) A relationship where an individual has one partner
  - d) A cultural system where the groom (or his family) must pay a father in order to marry his daughter
3. Agricultural societies
- a) societies based on irrigation and harvest of crops
  - b) practice agriculture without cultivating the soil
  - c) societies where only men cultivate
  - d) both men and women harvest crops in this society
4. What is the definition of technological diffusion?
- a) the adaptation by one culture of a technology invented by another culture
  - b) when an anthropologist uses technology to form their experiment
  - c) technology invented by social scientists
  - d) allowing people from different cultures to create a technology used for social scientists
5. Which of the following is not a mental illness?
- a) Kleptomania
  - b) Munchausen by Proxy
  - c) Obsessive Compulsive Disorder
  - d) Introversion
6. The majority of people have an IQ of
- a) 84
  - b) 75
  - c) 114
  - d) 100
7. Being an introvert means
- a) you enjoy being around people
  - b) you find it draining to be around people
  - c) you have both male and female parts
  - d) you are very shy
8. Monozygotic Twins are:
- a) fraternal and born from separate eggs
  - b) identical and born from the same egg
  - c) twins that are attached by the limbs
  - d) long lost twins who meet each other later in life due to childhood separation
9. According to the birth order chart, children that are first born tend to be:
- a) spoiled
  - b) diplomatic
  - c) responsible
  - d) precocious
10. Your behaviour is influenced:
- a) your attitude
  - b) your social thinking

- c) your mental health
- d) all of the above

### True or False

1. Gender is culturally constructed by behaviour patterns such as including what activities are appropriate for each gender. A: True
2. Anorexia is a type of mental health. A: True
3. There is such thing as 'good stress' and 'bad stress' A: True
4. Stereotyping is a belief that all people are bad in some way or another. A: False
5. *Girl Interrupted* is a movie not about mental health. A: False
6. According to the birth order chart, first-borns tend to be attention seekers, feel forgotten, and often grow up to be somewhat artistic. A: False
7. An introverted person tend to enjoy being around people. A: False
8. Perfectionism is when a person is afraid of being perfect all the time. They would rather be average than reach the high standards set out. A: False
9. In the movie, *Girl Interrupted*, Georgina is a pathological liar. A: True
10. Another term for passed away is powder your nose A: False

### Short answer

1. What are the three stages of 'Rites of Passage'? A: segregation, transition, reintegration (3)
2. What is the difference between sex and gender? A: Sex is one's biological characteristics. *Gender* is defined by culture (2)
3. List four ways to cope with stress. A: plan ahead, manage your time, vigorous exercise, talk to someone, do something you enjoy, etc. (4 ½ marks=2 marks)
4. Describe the difference between matrilineal and patrilineal. (2)
5. Explain what a cyborg is. (1)

### Thinking/Application/Communication

1. In your opinion, was mental illness treated in the past ethical?(3)
2. Do you believe that the birth order chart resembles all siblings? Does it depend on other reasons (eg. gender)? Explain why or why not. (5)
3. Over the years, there have been a number of reasons that relate to the anthropological changing of our behaviour. Explain in detail how one of these reasons has changed the behaviour of people and those around them. (5)